



### PROGRAM ADMINISTRATION

Office of International Programs and Services

**Tel:** 914.251.6032

**E-mail:** [study.abroad@purchase.edu](mailto:study.abroad@purchase.edu)

### FOR COURSE DESCRIPTIONS AND APPLICATIONS VISIT

[purchase.abroadoffice.net/shortterm.html](http://purchase.abroadoffice.net/shortterm.html)

### ACADEMIC CONTENT

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## Purchase College

STATE UNIVERSITY OF NEW YORK

International Programs and Services  
Student Services Bldg., Room 212

Purchase College  
State University of New York  
735 Anderson Hill Road  
Purchase, NY 10577



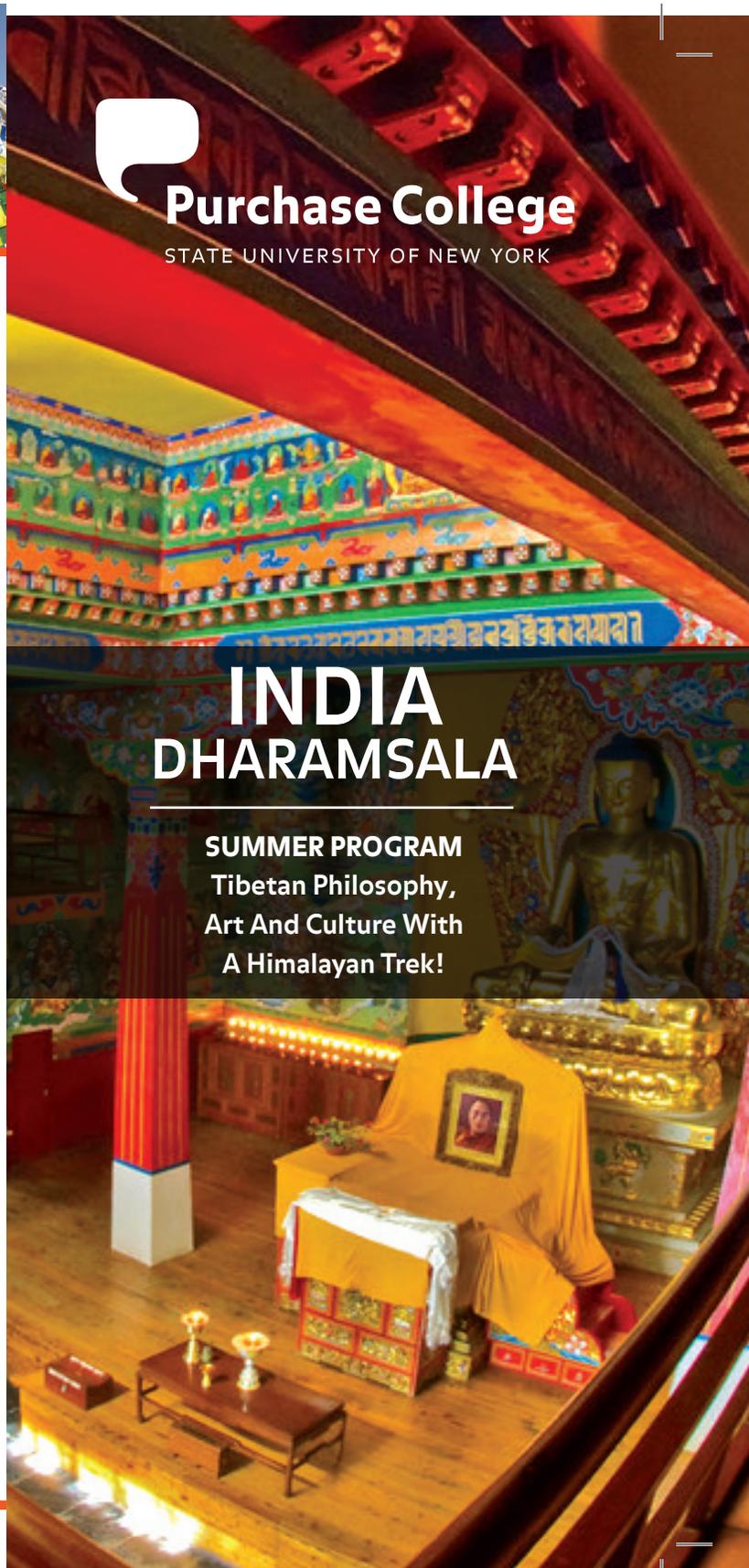
## Purchase College

STATE UNIVERSITY OF NEW YORK

# INDIA DHARAMSALA

### SUMMER PROGRAM

Tibetan Philosophy,  
Art And Culture With  
A Himalayan Trek!





## PROGRAM DESCRIPTION

The Purchase College, SUNY five-week summer program in Dharamsala, India offers classes in Tibetan philosophy, Indo-Tibetan yogas of knowledge and action, visual arts and traditional Tibetan arts.

## LOCATION

The Indian state of Himachal Pradesh, “land of the snowy peaks,” is known for its spectacular mountains and pine forests, valley meadows, and glacial rivers. The state is peppered with pilgrimage sites and many Hindu and Buddhist temples, Buddhist monasteries, and ashrams; these, along with British-era Hill stations, forts, and palaces reveal the multifaceted history of the region.

Situated above the Kangra Valley in western HP, Dharamsala’s upper town of McLeod Ganj is the home of the Dalai Lama, the Tibetan government in exile and a large exile and international community dedicated to supporting Tibetan refugees and the maintenance of Tibet’s cultural heritage. Our study center will be Norbulingka Institute dedicated to the preservation of Tibet’s artistic culture. Situated in the valley below McLeod Ganj, Norbulinka has a beautiful, quiet campus with gardens, studios, temple, student and master teacher residences, hospitality center, and cafe. Nearby are a Tibetan nunnery, and other Tibetan and Hindu centers.

## ACCOMMODATIONS

Students will be housed in Samdup Ling or Norbulingka guest houses. Board includes breakfast and one other meal daily.

## CLASSES & ACTIVITIES

Two sections of classes are offered during the program. Class sizes are small, and students will work closely with the teachers. The program will carry 6 credits. Courses will satisfy general education requirements including Other World Civilizations, Humanities, and Arts.

In addition to classes and studios, the program features guided meditation led by local lamas, opportunities for service learning with the exiled Tibetan community, and field trips to ancient and new monasteries, temples and museums in the area. The intensive 4-week study, meditation service and local outing program will be followed by a week of travel, including tours, and a trek in the Himalayas National Park.

## COST

Please refer to the India program website for program costs ([purchase.abroadoffice.net/shortterm.html](http://purchase.abroadoffice.net/shortterm.html)). All costs are subject to change. A non-refundable deposit is due within two weeks of acceptance.

Students should plan to bring additional spending money for some meals, as well as for miscellaneous personal expenses. International health insurance is required and available through SUNY.

For Purchase or other SUNY students, existing financial aid awards can usually be applied to the summer programs; home campus Financial Aid Offices will have further details. Alternative loans are available to cover summer study.

## APPLICATION

A complete application includes:

1. Online application via [purchase.abroadoffice.net/shortterm.html](http://purchase.abroadoffice.net/shortterm.html)
2. Recommendation Letter or Confidential Reference Form (may be mailed separately)
3. Personal Statement
4. Official Transcripts (*Non-Purchase College students*)  
Unofficial Transcripts (*Purchase College students*)

### DEADLINE: Mid February/Early March

Submit all materials via email as an attachment to the Office of International Programs and Services, [study.abroad@purchase.edu](mailto:study.abroad@purchase.edu).